



GYMNASTICS NOVA SCOTIA

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Memorandum

To: 2026 Atlantic Team Members

From: Angela Gallant, GNS Executive Director
Crystal Gilmore, GNS Coach Development Director
Sherry Watters, GNS Programs Director

Re: **2026 Atlantic Championships – Team Nova Scotia Information**

Date: April 15, 2026

CONGRATULATIONS! Your athlete is representing Nova Scotia at the 2026 Atlantic Canadian Championships being held in Charlottetown, PE from April 23rd -25th, 2026. The Atlantic Championships are being hosted by Island Gymnastics Academy in conjunction with Gymnastics PEI and will be held at the Delta Prince Edward Hotel located at 180 Queen Street in Charlottetown, PEI.

This is a Team Nova Scotia event and athletes are encouraged to stay at the event and cheer for other athletes and teammates if possible. Below is some further information regarding the event.

Opening ceremonies:

The opening ceremony will take place at 10:15am on Thursday, April 23rd, 2026.

Athlete Social:

The athlete social will take place at the Delta Prince Edward Hotel (competition venue) in the Rustico/Tracadie Ballrooms on Saturday, April 25th from 6:30pm to 9:00pm. To enter the banquet, athletes must present their accreditation at check-in. The venue will be reserved exclusively for the Atlantics group. Volunteers will be present at the entrance to assist with the check-in process. A dinner will be served followed by a dance. If you have any questions, please reach out to Island Gymnastics Academy at islandgymnasticsacademy@gmail.com

Event Merchandise:

Items from Gymnastics Wear by Aimee Tomlinson, Rudi's Photography, and Allstar Cresting will be available for purchase onsite in our Merchandise Market located in the foyer of the venue. As well, canteen services will be available.

Gymnastics Nova Scotia Contacts

Team Leads at the 2026 Atlantic Gymnastics Championships

Margaret Skabar – Accreditation pick-up & WAG Lead Apr22nd	email: margaret.skabar@gmail.com cell: (902) 664-8351
Leigh Shearer - WAG Program Chair & WAG Lead (Apr 23-26)	email: leigh_merrill@hotmail.com cell: (902) 483-0637
Yevgeny Molyev - MAG Lead	E-mail: yevgeny@titansgym.ca Cell: (780) 699 7784

Other Gymnastics NS Contacts:

Angela Gallant – GNS Executive Director	E-mail:	gns@sportnovascotia.ca
	Cell:	(902) 292-7625
Crystal Gilmore – GNS Coach Dev Director	E-mail:	gnscoach@sportnovascotia.ca
	Cell:	(902) 499-6344
Sherry Watters – GNS Programs Director	E-mail:	gnsprograms@sportnovascotia.ca
	Cell:	(902) 499-2231
Vaughn Arthur – MAG Program Chair	E-mail:	vaughn.altagym@gmail.com
	Cell:	(902) 981-6556

Schedule and scoring

The final schedule is attached and posted on the GNS website under Atlantics. All results will be available through the Sportzsoft app or by locating the meet at [Find Meet - Sportzsoft LiveMeet](#) and selecting Province: PEI

Spectator admission

	Per Session	Weekend Pass
Adult 18+	\$15	\$50
Student or Senior (65+)	\$8	\$30
Children (under 5)	Free	Free

Medical Services

First Aid personnel will be available for emergency first aid throughout the competition.

Requirements

All Nova Scotia team members, are required to:

- Wear the official Nova Scotia team uniform
 - a) the **official GNS track jacket** (MAG and WAG)
 - b) **WAG** - the official bodysuit
 - MAG** – the official singlet and BLUE longs, BLACK shorts, BLUE socks
(See your club coach if there is a problem)
- Follow the Athletes Responsibilities and Code of Conduct as stated in the GNS Policy Manual – Appendix I (a copy can be attained from your team coach or is online at www.gymns.ca)

Please find enclosed:

- **Final Schedule**
- **NS Team athlete list**

If you have any further questions prior to the event, you can contact Angela Gallant or anyone else listed at the numbers or e-mail addresses listed above.

Have a great competition! 😊